

Troop 103

October 28-29, 2006 "Leave No Trace" Appalachian Trail Hike

Sat., Oct. 28, 2006:

Meet at St. Joseph's in Hanover, PA (7:00 a.m.);
Drive to Scenic Overlook at High Point to take in the view;
Drive to nearby Pen Mar Park in Washington County, MD - start hiking north along
Appalachian Trail; Quirack Mountain (highest point on AT in Maryland); Lunch on
the trail
Non-hiking adults will shuttle vehicles to Old Forge Picnic Area in Michaux State Forest,
where vehicles will remain overnight (special permission granted by Dept. of
Conservation & Natural Resources);
Camp overnight at Tumbling Run Shelter and/or adjacent Tenting Area; dinner in camp.

Sun., Oct. 29, 2006

Breakfast in camp;
Hike north to Chimney Rocks Vista, then back down to vehicles parked at Old Forge Picnic
Area;
Lunch; Drive to Emmitsburg, MD ;
12:00 noon - Mass at National Shrine Grotto of Lourdes in Emmitsburg, MD, followed by
1:00 p.m. blessing of Children and Pilgrims and possible guided Tour. Drive home.
3:00 p.m. - estimated return time (St. Joseph's in Hanover, PA)

Emergency Contact Phone Numbers:

Jeffrey Rosenzweig (717) 968-6533 (c)
Stephanie O'Brien (717) 968-6697 (c)
Pete Slusser (717) 476-8885 (c)
Richard Slusser (717) 451-1908 (c)
Bob Zinn (410) 259-3521 (c)
Michaux State Forest (717) 352-2211

Nearby Hospitals:	Waynesboro Hospital	Chambersburg Hospital
	501 East Main Street	112 North Seventh Street
	Waynesboro, PA 17268	Chambersburg, PA 17201
	(717) 765-4000	(717) 267-3000